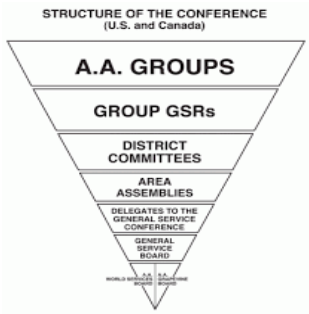


Alcoholics Anonymous Area 33 - District 21 & 22

Sober Times

November 2026

I AM RESPONSIBLE ... When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

The District 21 & 22 monthly newsletter's purpose is to share the AA message and inform members of upcoming events around our area and the needs and celebrations of our local AA groups. Supporting our members in unity, service and recovery. Please email district21.22aa@gmail.com with details of your group's upcoming celebrations, events and/or needs.

Did you know…

3rd Annual
Thanksgiving Alcathon

Nov. 26th
11:00 am-7:00 pm

Hope United Church of Christ
35127 Garfield Clinton Twp. 48035

Marathon meeting, Lions game,
Games, Food....Fellowship.
Bring a dish if you wish

~ AA Hotline ~
(877) 337-0611

~ Area 33 Accessibilities ~
(586) 335-2840
Area33accessibilitieschair@aa-semi.org

Upcoming Events

🍽 = food will be served 🍰 = dessert provided

- 43nd Annual Christmas Day Alkathon & New Year's Eve Dance
  Planning Committee ~ Sundays at 7:00 pm
  Bethlehem Lutheran Church-37000 Union Lake Rd. Harrison Twp.
- District 21 & 22 Meeting ~ Nov. 9th 7:00 pm - 8:00 pm
  Grace Episcopal Church-115 S. Main St. Mount Clemens 48043
- Area 33 Assembly Meeting ~ Nov. 15th 🍽 12:00 pm
  10:00 am committee meetings; 11:00 am new GSR orientation
  Madison High School-915 E. Eleven Mile Rd. Madison Hgts.
  www.aa-semi.org
- 40th Annual Tri-County Kick-off Meeting - Nov. 22nd 12:00 pm
  Planning committee meeting
  Clawson United Methodist Church-204 N. Main St. Clawson 48017
- 78th Annual Gratitude Meeting ~ Nov. 25th 7:00 pm 🍰
  Royal Oak Farmers Market-316 E. 11 Mile Rd. Royal Oak 48067
  Doors open at 6:00 pm

Eleventh Step
Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.

Eleventh Tradition
Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

Spiritual Principles
Step Eleven ~ Self-discipline :"the ability to pursue what one thinks is right despite temptations to abandon it"; "correction or regulation of oneself for the sake of improvement."

Eleventh Step Prayer
As we go through the day we pause, when agitated or doubtful, and ask for the right thought or action. We constantly remind ourselves we are no longer running the show, humbly saying to ourselves many times each day "Thy will not mine be done" BB pg. 87-88

Concept XI
The trustees should always have the best possible committees, corporate services directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern. BB pg. 575

AA GRAPEVINE / In the Magazine

Discipline

BY: JIM R. | LOS ALAMITOS, CALIFORNIA

AAs don't take to it easily--but can we live without it?

AT AN AA discussion meeting last night, we talked about discipline. The response was often "I've never thought much about that" or "We've never done much with that." Perhaps it is because we as alcoholics are not basically in love with the idea of discipline of any kind; it is not a subject that we reach out for. But I believe it is a subject that is as vital as life to us. That basic discipline of AA, "We don't drink," to me is certainly the greatest exercise in self-discipline that I have ever faced.

Arriving at AA wildly out of control, I found that I had to submit to the discipline of sobriety. Somehow, I made it with the help of a higher power. But first a little bit of self-control had to come from me. I could reach for the first drink; that was easy. However, with an honest attempt on my part and a reliance on the help of a higher power, it just was not necessary. So, simply stated, the solution to the biggest discipline problem of my life was this: We use all the control that we have in order not to reach for that first drink; we ask for help; and it works. We are on our way!

With sobriety comes a need for discipline that is without bounds. The good things do happen, and we have to be steady and ready when they arrive. We get the good job, the reunited family, and the real friends, and meeting life on this new level requires a controlled person. Good sobriety is a growing-time. Every 24 hours makes us a little more ready for the next 24. Self-control comes a day at a time.

I can look ahead with enthusiasm. A taste of the ordered, serene life creates a great thirst indeed! The order is in the Twelve Steps, and the serenity is in controlling my life to follow their message.

Discipline is a great word for the alcoholic. We start with so little, hut we have Steps that can lead us to the stars.

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District, Area, G.S.O. and Central Office are common service entities groups donate to. Below is how to make contributions for those in our area.	
District 21 & 22 PO Box 480594 New Haven, MI 48048 * Now accepting donations through Zelle aadistrict21and22@yahoo.com	**General Service Office** PO Box 2407 James A. Farley Station New York, NY 10116-2407
Area 33 aa-semi.org/contribution-page/	**AA of Greater Detroit** 380 Hilton Rd Ferndale, MI 48220 or online www.aaferndale.org/how-you-can-help