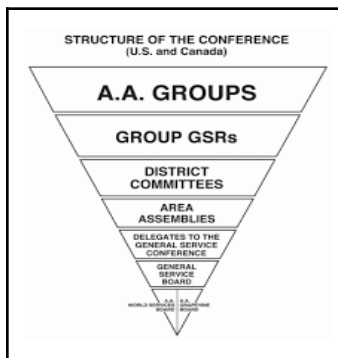




Alcoholics Anonymous Area 33 – District 21 & 22

Sober Times

August 2026

I AM RESPONSIBLE ... When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there.
And for that: I am responsible.



The District 21 & 22 monthly newsletter's purpose is to share the AA message and inform members of upcoming events around our area and the needs and celebrations of our local AA groups. Supporting our members in unity, service and recovery. Please email district21.22aa@gmail.com with details of your group's upcoming celebrations, events and/or needs.

Did you know...

About these picnics outside our district...

08/02/26

39th Annual Picnic in the Park
Rochester Municipal Park
lunch starts at 1:00 pm

08/08/26

District 17 Annual Summer Picnic
Veterans Memorial Park in Warren
11:00 am – 3:00 pm

08/23/26

Share Our Strength & South Macomb's
4th Annual Picnic
Spindler Park in Eastpointe
11:00 am – 4:00 pm

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~ AA Hotline ~  
(877) 337-0611

~ Area 33 Accessibilities ~  
(586) 335-2840

[Area33accessibilitieschair@aa-semi.org](mailto:Area33accessibilitieschair@aa-semi.org)

### Upcoming Events

= food will be served = dessert provided

- Pathway to Peace Anniversary Picnic ~ Aug. 8th 1:00 pm–5:00 pm  
Brandenburg Park – 50050 Jefferson Ave. Chesterfield 48047   
Pavilion A (\$10 parking); Speaker – Joe F.; food; games; fellowship;  
memorial dove release; bring a chair and a dish if you wish
- North Macomb Tri County AA Picnic ~ Aug. 9th 8:00 am–4:00 pm  
On Water St. and Van Dyke at the picnic pavilion in Almont   
AA & Alanon meeting at 9am; food; games; door prizes;  
entertainment; bring a dish if you wish
- District 21 & 22 Meeting ~ Aug. 10th 7:00 pm – 8:00 pm  
Grace Episcopal Church – 115 S. Main St. Mount Clemens 48043
- Area 33 Assembly Meeting ~ Aug. 16th   
10:00 am committee meetings; 11:00 am new GSR orientation  
Madison High School –915 E. Eleven Mile Rd. Madison Hgts.  
[www.aa-semi.org](http://www.aa-semi.org)
- The Way Group 27th Anniversary ~ Aug. 22nd   
Doors open 6:00 pm; Dinner 6:30 pm; Speaker 8:00 pm –Cheryl B.  
St. Michaels Church – 40501 Hayes Rd. Sterling Hgts. 48313  
Bring a dish if you wish

### Looking Ahead ☹️

You can plan...just not the outcome

September 3–6th – ICYPAA Conference (Grand Rapids)

September 11–13th: Tri-County Conference (Pontiac)

#### Eighth Step

Made a list of all persons we have harmed, and became willing to make amends to them all.

#### Eighth Tradition

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

#### Eighth Step Prayer

Help me to become willing to sweep away the debris of self will and self reliant living. Thy will be done for this person as well as for me.

#### Spiritual Principles

Step Eight ~ Love: “the unselfish deep concern for others; we practice love by taking responsibility for the harm we have done to others and cultivating the willingness to make it right.”

#### Concept VIII

The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities. BB pg. 575

# Ride of His Life

By: Terry B. | Cohoes, New York

Tom, my husband of 33 years, was diagnosed with leukemia in 2006. I'm not a natural caregiver but I did my best to help him.

I was doing my Steps and tried to make amends by talking to him and apologizing for all the hurts I had caused him and for the holidays I wrecked when I was drinking, but he would not talk about them.

Tom's leukemia treatments were very difficult. He had a hobby of making and flying model electric airplanes as a diversion. When he was up for it I would take him out to a field where he could fly his planes with his friends.

But in 2008, the chemotherapy and radiation took its toll, and his kidneys and liver were giving out. He went into the hospital for the last time in November. I prayed about how I could help Tom, and the thought of his model airplanes came into my mind. I asked the hospital staff if he could fly them in the hall or cafeteria, when few people were around. They said no. For Christmas I bought Tom a very small electric airplane that was the size of a butterfly. He was very happy flying it from his bed because he could no longer get up. The doctors and nurses pretended that they didn't see it. He flew it for the last time two days before he died, very peacefully.

When Tom got sick I tried to entertain him by making things fun. I feel that I made amends by being a better wife when he was sick. God and AA helped and guided me throughout his illness to be a better person and wife.

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| District, Area, G.S.O. and Central Office are common service entities groups donate to.<br>Below is how to make contributions for those in our area.                                |                                                                                                                                                                        |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| District 21 & 22<br>PO Box 480594<br>New Haven, MI 48048<br>* Now accepting donations through Zelle<br><a href="mailto:aadistrict21and22@yahoo.com">aadistrict21and22@yahoo.com</a> | General Service Office<br>PO Box 2407<br>James A. Farley Station<br>New York, NY 10116-2407                                                                            |
| Area 33<br><a href="http://aa-semi.org/contribution-page/">aa-semi.org/contribution-page/</a>                                                                                       | AA of Greater Detroit<br>380 Hilton Rd<br>Ferndale, MI 48220<br>or online <a href="http://www.aaferndale.org/how-you-can-help">www.aaferndale.org/how-you-can-help</a> |