



Alcoholics Anonymous Area 33 - District 21 & 22

Sober Times

July 2026

I AM RESPONSIBLE ... When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there.
And for that: I am responsible.



The District 21 & 22 monthly newsletter’s purpose is to share the AA message and inform members of upcoming events around our area and the needs and celebrations of our local AA groups. Supporting our members in unity, service and recovery. Please email district21.22aa@gmail.com with details of your group’s upcoming celebrations, events and/or needs.

Did you know...

To have your event listed in the upcoming newsletter events section, please email flyer or details to:
district21.22aa@gmail.com

District 21 & 22 website QR code



~ AA Hotline ~
(877) 337-0611

~ Area 33 Accessibilities ~
(586) 335-2840

Area33accessibilitieschair@aa-semi.org

Upcoming Events

= food will be served = dessert provided

- District 21 & 22 Meeting ~ July 13th 7:00 pm – 8:00 pm
Grace Episcopal Church – 115 S. Main St. Mount Clemens 48043
- Area 33 Assembly Meeting ~ July 19th 12:00 pm
10:00 am committee meetings; 10:45 am new GSR orientation
Madison High School –915 E. Eleven Mile Rd. Madison Hgts.
www.aa-semi.org
- 18th Annual Friends of Bill & Lois W. Canoe Trip ~ July 30–Aug. 2
Best Bear Lodge & Campground
10642 N. Merrillville Rd. Irons 49644 (231)-266-5235

Looking Ahead

You can plan...just not the outcome

- Aug. 8th – Pathway to Peace Anniversary Picnic (New Baltimore)
- Aug. 9th ~ Macomb Tri County AA Picnic (Almont)
- September 3–6th – ICYPAA Conference (Grand Rapids)
- September 11-13th: Tri-County Conference (Pontiac)

Seventh Step

Humbly asked Him to remove our shortcomings.

Seventh Tradition

Every A.A. group ought to be fully self-supporting, declining outside contributions.

Spiritual Principles

Step Seven ~ Humility: a modest or low view of one’s own importance; freedom from pride or arrogance

Seventh Step Prayer

“My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do Your bidding. Amen” BB pg. 76

Concept VII

The Charter and Bylaws of the General Service Board and legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness. BB pg. 575

AA GRAPEVINE

Humility is Contentment

BY: RUSS | WOODSTOCK, ILLINOIS

HUMILITY is contentment, without which no A.A. can live the Program happily. Humility does not, nor did it ever, mean being subservient or grovelling at someone's feet. Humility is the capacity to recognize one's own limitations. This has been man's greatest problem and is not confined to the alcoholic alone.

The very nature of an alcoholic does not lend itself readily to a clear understanding of the meaning of humility. The alcoholic, to himself, is a sort of superman. In defense of his failing, he sincerely believes that he can accomplish anything he desires. The fact that he never really accomplishes anything, he fails to see because he is, alone, all things unto himself.

IN order to develop humility, it is vitally necessary that we make a searching and fearless moral inventory of ourselves. It is vitally necessary that we be honest in recognizing our limitations as well as recognizing those things about ourselves which deserve encouragement. Many a truly great man has met failure only when he tried to be all things to all men.

An alcoholic is by nature a frustrated person. Through drinking, he has lost his sense of values and is unable to steer his existence toward an ultimate goal. He is a human being without a purpose. He merely exists and does not live.

WHEN an A.A. is ready and willing to recognize his limitations, his particular purpose in life will become clear to him. It will also become clear that that purpose can be accomplished only by directing his ambitions toward it. Then, and only then, will he become truly humble.

When this stage is reached, it is no longer difficult for an A.A. to understand that there are many things in this world about which he will have no real comprehension, and that the experience, training and opinion of others about those things deserve respect. With this understanding of humility, the A.A. will no longer be the superman. He will be able to relax and give full vent to those ambitions which can best promote happiness and peace of mind.

Copyright © The AA Grapevine, Inc, (March 1949). Reprinted with permission.

Humility

(Inscription on desk plaque of Dr. Bob's)

Humility is perpetual quietness of heart. It is to have no trouble. It is never to be fretted or vexed, irritable or sore; to wonder at nothing that is done to me, to feel nothing done against me. It is to be at rest when nobody praises me, and when I am blamed or despised, it is to have a blessed home in myself where I can go in and shut the door and kneel to my Father in secret and be at peace, as in a deep sea of calmness, when all around and about is seeming trouble.

Copyright © The AA Grapevine, Inc, (September 1965). Reprinted with permission.

District, Area, G.S.O. and Central Office are common service entities groups donate to. Below is how to make contributions for those in our area.	
District 21 & 22 PO Box 480594 New Haven, MI 48048 * Now accepting donations through Zelle aadistrict21and22@yahoo.com	General Service Office PO Box 2407 James A. Farley Station New York, NY 10116-2407
Area 33 aa-semi.org/contribution-page/	AA of Greater Detroit 380 Hilton Rd Ferndale, MI 48220 or online www.aafferndale.org/how-you-can-help