

Alcoholics Anonymous Area 33 - District 21 & 22

Sober Times

February 2026

I AM RESPONSIBLE ... When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there.
And for that: I am responsible.



The District 21 & 22 monthly newsletter's purpose is to share the AA message and inform members of upcoming events around our area and the needs and celebrations of our local AA groups. Supporting our members in unity, service and recovery. Please email district21.22aa@gmail.com with details of your group's upcoming celebrations, events and/or needs.

Did you know...

OVER EASY BREAKFAST

MEETING REOPENED

Where?

Dimitri's Restaurant

50875 Gratiot Ave.

New Baltimore, MI 48047

When?

Sundays at 10:00 am

Breakfast at 9:00 am

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**Looking Ahead** 🗨️

You can plan...just not the outcome

March 6-8, 2026 ~ March Roundup

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~ AA Hotline ~
(877) 337-0611

~ Area 33 Accessibilities ~
(586) 335-2840

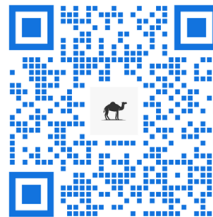
Area33accessibilitieschair@aa-semi.org

Upcoming Events

🍷 = food will be served 🍰 = dessert provided

- Area 33 Assembly Meeting - February 8th at 12:00 pm 🍷
Madison High School ~ 915 E. Eleven Mile Rd. Madison Hgts.
10:00 am committee meetings; 11:00 am new GSR orientation
www.aa-semi.org
- District 21/22 Meeting - February 9th at 7:00 pm
Grace Episcopal Church ~ 115 S. Main St. Mount Clemens
- Utica Tuesday Night 66th Anniversary - February 10th 🍷🍰
New Life Presbyterian Church ~ 11300 19 Mile Rd. Sterling Hgts.
6:30 pm doors open; 7:00 pm dinner & dessert provided
8:00 pm speaker Chuck S.
- Adair K.I.S.S. 31st Anniversary - February 22nd 🍷
St. Mathews Church ~ 8052 Chapin St. Casco
5:30 pm doors open, 6:00 pm pizza, coffee & water provided
7:00 pm speaker Al J.

Check out the District 21 & 22 website: includes prayers, events, service opportunities and more.



Second Step

Came to believe that a Power greater than ourselves could restore us to sanity.

Second Step Prayer

God, I'm standing at the turning point right now. Give me your protection and care as I abandon myself to you and give up my old ways and my old ideas just for today.

Spiritual Principles

Step Two~ Hope: a feeling of expectation and desire for a certain thing to happen; a feeling of trust.

Second Tradition

For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

Concept Two

The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.

The Term is 'Hope'

BY: F.P. | WESTMONT, N.J.

IT WAS A Monday morning in April, and I was in need of someone to talk to. The previous weekend had been bad, leaving me with much distress. For some reason, I thought of Jerry, who I knew was in AA, and called him. He said, "Come on up, and we'll go to a meeting."

I was in New Jersey. I drove to his home in Pennsylvania, and we went to a noonday meeting. Lunch was available, and I got a chicken-salad sandwich and some coffee and sat down. Because of the highly nervous state that I was in, not to mention the hangover, it was all I could do to be hold the sandwich and drink the coffee. Understand, I had no idea that this was an AA meeting and really did not know what to expect.

The speaker told his story. For some reason or other, I listened and seemed able to relate to what he was saying. For the first time, I could see myself--dimly, I suppose--but it made sense to me; perhaps I was hearing what I should be hearing, I thought. The meeting went on, and I did not know that it contributed any more to what I had already heard, but it felt good to be *somewhere* at that moment, to relieve the hopeless feeling that I had waked up with. I think the term is "hope," as I have since heard other people express their impressions of their first AA meeting.

On the way back to his house, Jerry made a few remarks that have stuck in my mind. He said, "A lot of good things will happen to you" (they have), and "We only do it one day at a time," and "When you get back to New Jersey, look up AA in your telephone book and find out where the meetings are" (I did). We parted at his house, and I went home.

That day or the next, I made the call and was informed that there was a meeting in my area on Thursday evening. I attended that meeting. The one thought I took with me when I left it was that I had to be honest--no more excuses. That was April 10, 1975. Thanks to God and AA, I have been without a drink, sober, and attending meetings ever since, one day at a time.

Jerry became my sponsor, and I would visit him weekly in the beginning. He guided me through the Steps and encouraged me. He knew me better than any living person, for we had been friends for twenty years or more before I came to AA and many times were in our cups together.

The AA way of life is my way of life today, and I am thankful that the message was given to me and continues to be revealed in many ways. I pass the same message on to others who need hope as I did before my acceptance of the AA program. "A lot of good things will happen to you."

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District, Area, G.S.O. and Central Office are common service entities groups donate to. Below is how to make contributions for those in our area.	
District 21 & 22 PO Box 480594 New Haven, MI 48048 * Now accepting donations through Zelle aadistrict21and22@yahoo.com	General Service Office PO Box 2407 James A. Farley Station New York, NY 10116-2407
Area 33 aa-semi.org/contribution-page/	AA of Greater Detroit 380 Hilton Rd Ferndale, MI 48220 or online www.aafferndale.org/how-you-can-help